



ASSURANT  
Health

CoreMed<sup>SM</sup>  
Individual Medical Insurance



*You don't need a group to have a plan*

**Time**  
Insurance

# Assurant Health

Staying power you can count on

An insurance plan is only as reliable as the company behind it. For health insurance you can depend on, insist on a track record of expertise, strength and commitment.

## EXPERTISE

Long-term stability and success in any business takes expertise. Tracing its roots back to 1892, Assurant Health has been selling individual medical insurance longer than any of its competitors. And with more than one million customers nationwide, it has earned a solid reputation for health insurance know-how.

## STRENGTH

A company's strength is most important when it's time to pay benefits. A.M. Best<sup>1</sup>, the highly respected insurance rating source, consistently rates Time Insurance Company<sup>2</sup> A- (Excellent)—affirming its outstanding ability to meet claims-paying obligations.

## COMMITMENT

Assurant Health specializes in you. While many health insurance companies focus on the large group market, Assurant Health's commitment is to individuals and families. This commitment makes it a leader and innovator in individual medical insurance—and the best choice for those who buy their own health insurance coverage.



Expertise, strength and commitment—together they mean staying power.

<sup>1</sup> Source: A.M. Best Ratings and Analysis, June 2005.

<sup>2</sup> Assurant Health is the brand name for products underwritten and issued by Time Insurance Company.

# CoreMed<sup>SM</sup> offers broad coverage and great value

When protecting yourself and your family is a priority, health insurance isn't optional—it's an essential part of your financial plan. Don't settle for less than the optimum blend of broad coverage and great value.

You'll find that in CoreMed. A cost-effective plan for both everyday and catastrophic needs, CoreMed offers you many options for controlling your premiums—without giving up benefits.

With CoreMed, you have the freedom to use any doctor or hospital—and when you use PPO network providers, you get advantages like discounts on services, no claim forms and fewer out-of-pocket expenses.

Starting with a quality framework that offers security, convenience and cost savings, CoreMed includes:

## Worldwide coverage, 24 hours a day

It doesn't matter whether you're nearby or far from home—you're covered.

## Lifetime benefit maximum options up to \$6 million

You choose the amount of protection you want.

## 12-month initial rate guarantee

You'll lock in your premium rate for the first 12 months of coverage.

## Your choice of doctors and hospitals

You'll have access to some of the largest and best preferred provider (PPO) networks in the nation.

## No referrals necessary to see a specialist

You won't have to jump through hoops when you need a specialist's care—simply make an appointment.

## Single deductible for accidents

In the event there's an accident involving more than one person in your family, you'll pay only one deductible.

## No limits on Intensive Care Unit (ICU)

With no daily dollar limit when confined in an ICU, you'll have the peace of mind you need at a critical time.

## Ground and air ambulance

You get coverage for emergency air or ground ambulance to the nearest facility equipped to provide appropriate care—not just the closest.

## Ongoing coverage for your children

Regardless of age or student status, your covered children can remain under your plan until they marry or are no longer primarily dependent on you for financial support.

## Conversion privilege for your family

Should your spouse or child become ineligible for coverage under your plan, he or she may obtain a similar plan without evidence of insurability.

## HealthyDiscount

Available in most states, HealthyDiscount rewards you for maintaining your good health by providing 10% off your renewal rates.

## Health Advocates Alliance membership

In most states, you'll receive the benefits of membership in Health Advocates Alliance—including access to a 24-hour nurse helpline, and a number of benefits and discounts.

This brochure provides summary information. For a complete listing of benefits, exclusions and limitations, please refer to the plan document. In the event there are discrepancies with the information in this brochure, the terms and conditions of the coverage documents will govern.



# All the basics are here

## Built-In Features

Your plan comes with coverage for the following medical services—subject to deductible and coinsurance, unless otherwise noted.

### Prescription Drugs

You pay only \$15 each time you fill a generic prescription at a participating pharmacy.

### Preventive Services

Includes mammograms, Pap smears and PSA screening—with no annual dollar limit—as well as benefits up to \$500 for other preventive services including physical exams, laboratory tests, immunizations, tuberculosis tests and colonoscopies. Coverage begins after you have been insured for 12 months.

### Office Visits

Includes evaluation, diagnosis and management of illness or injury, and allergy shots.

### Imaging and Laboratory Services

Includes x-rays, ultrasounds, CAT scans, MRIs, lab tests and interpretation.

### Outpatient Hospital, Surgical Center and Urgent Care Facilities

Includes the services of the facility and miscellaneous supplies.

### Professional Ground and Air Ambulance

Coverage is for emergency transportation—not just to the closest hospital—but to the nearest hospital equipped to provide appropriate care.

### Emergency Room

Includes the services of the facility and miscellaneous supplies. Benefits for covered emergency services are always paid at the higher network benefit percentage—even if you are out of network.

### Health Care Practitioner Services

Includes the services of doctors, surgeons, assistant surgeons, anesthesiologists, physician assistants and nurses.

### Outpatient Physical Medicine

Includes physical, speech and occupational therapies, cardiac and pulmonary rehabilitation, treatment of developmental delay and chiropractic.

### Inpatient Hospital

Includes the services of the facility such as semi-private room and board, intensive care (including specialty units such as neonatal and cardiac intensive care) and miscellaneous supplies.

### Transplants

Includes:

- Kidney, cornea and skin transplants with no special limits.
- Transplants such as bone marrow, heart, liver and lung with no special limits when performed at a designated transplant provider—you and your doctor select a provider from more than 80 facilities nationwide.
- Up to \$10,000 toward travel expenses to a designated transplant provider.
- Up to \$10,000 toward donor expenses.
- For transplants other than kidney, cornea or skin that are not performed at a designated provider, the lifetime benefit maximum is \$100,000 per person.

### Complications of Pregnancy

Includes emergency Caesarean section and any sickness associated with pregnancy except hyperemesis gravidarum.

### And all these services as well:

- Dental injuries
- Diabetic services
- Durable and personal medical equipment
- Home health care
- Hospice care and related counseling services (inpatient or home care)
- Inpatient rehabilitation
- Parenteral drug therapy
- Reconstructive surgery
- Skilled nursing and subacute rehabilitation facilities
- Sterilization (\$500 lifetime maximum)
- Treatment of TMJ / CMJ (\$1,000 lifetime maximum)

# Build your CoreMed<sup>SM</sup> Plan

**Plan Design** Unless otherwise noted, all deductibles, maximums and benefit amounts are applied per person and are reset each January 1.

<b>Deductible</b> <i>Amount you pay toward covered expenses before the plan pays benefits</i>	\$500, \$1,000, \$1,500, \$2,000, \$3,000, \$5,000 or \$10,000 <i>(Family deductible maximum is two times the deductible and is met collectively by two or more persons)</i>
<b>Benefit Percentage</b> <i>Percentage of covered expenses the plan pays after the deductible</i>	80%, 70% or 50%
<b>Coinsurance</b> <i>Percentage of covered expenses you pay after the deductible</i>	20%, 30% or 50%
<b>Coinsurance Out-Of-Pocket Maximum</b> <i>After this maximum is met, the plan pays 100% of covered expenses</i>	\$1,250 to \$7,500 depending on coinsurance
<b>Lifetime Benefit Maximum</b> <i>The total maximum amount the plan pays</i>	\$2 million or \$6 million

**Outpatient Benefits** Benefits are subject to deductible and coinsurance unless otherwise noted.

<b>Prescription Drugs - Generic</b>	\$15 copay (no deductible)
<b>Prescription Drugs - Brand name</b>	\$500 deductible / \$25 copay + 50% coinsurance <i>(Family deductible maximum is \$1,000 and is met collectively by two or more persons)</i>
<b>Preventive Services</b>  Mammograms, Pap smears and PSA screening  Other preventive services, office visits and immunizations	Covered after you have been insured for 12 months  Up to \$500 in benefits—after you have been insured for 12 months • Copay, if selected, applies to office visits and immunizations
<b>Office Visits</b>	Covered
<b>Office Visit Copay</b> <i>Optional benefit</i>	\$35 copay for each of four network office visits per person • Visits for illness, injury and (after 12 months) preventive services are eligible • Additional visits are covered subject to deductible and coinsurance
<b>Diagnostic Imaging and Laboratory Services</b>	Covered
<b>Outpatient Hospital, Surgical Center or Urgent Care Facility</b>	Covered • Outpatient facility fee: \$200/outpatient surgery
<b>Professional Ground and Air Ambulance</b>	Covered
<b>Emergency Room</b>	Covered • \$75 emergency room fee—waived if admitted to the hospital
<b>Health Care Practitioner Services</b>	Covered
<b>Outpatient Physical Medicine</b>	Up to \$3,000 in benefits
<b>Home Health Care</b>	Up to 160 hours

**Inpatient Benefits** Benefits are subject to deductible and coinsurance unless otherwise noted.

<b>Inpatient Hospital</b>	Covered • Inpatient facility fee: \$200/day for the first three days of each confinement
<b>Inpatient Rehabilitation Facility</b>	Up to 90 days
<b>Subacute Rehabilitation and Skilled Nursing Facilities</b>	Up to 90 days
<b>Transplants</b>	Covered
<b>Behavioral Health and Substance Abuse</b>	Not covered

**Optional Features** Optional features are available at an additional cost.

<b>Optional Benefits and Discount Programs</b> <i>Discount programs are not insurance See page 6 for more information</i>	SuiteSolutions, Office Visit Copay, Maternity Benefit, Accident Medical Expense, Supplemental Life and Dental/Vision Discount Card
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The amount of benefits depends upon the plan components selected, and the premium varies with the amount of benefits. Non-network provisions may apply. See page 7 for details.

# Optional features make it yours

Make CoreMed<sup>SM</sup> your own with extra benefits and valuable discount programs.

## Add SuiteSolutions<sup>®</sup> for Extra Protection

Supplement your health insurance plan with cash benefits that help pay your out-of-pocket expenses. Available through membership in Health Advocates Alliance, SuiteSolutions provides benefits, services and discounts that are especially valuable if you have children on your plan, or if you select a higher deductible.

For example, if you select the \$5,000 CoreMed deductible, the \$5,000 Accident Medical Expense Benefit could cover you for all but \$100 of your deductible in the event of an injury.

Two membership levels are available.

### SecureSolution

#### Accident Medical Expense Benefit

- Benefit options: \$2,500, \$5,000 or \$10,000 per insured, per accident
- \$100 deductible per insured, per accident

#### Accidental Death and Dismemberment Benefit

- Up to \$10,000 for the primary insured and up to \$1,000 for the spouse and each child

#### Weekly Accident Indemnity Benefit

- 70% of basic weekly salary to a maximum of \$250 per week, for up to 52 weeks for the primary insured only

### SelectSolution

#### Accident Medical Expense Benefit

- Benefit options: \$2,500, \$5,000 or \$10,000 per insured, per accident
- \$100 deductible per insured, per accident

#### Accidental Death and Dismemberment Benefit

- Up to \$25,000 for the primary insured and up to \$1,000 for the spouse and each child

#### Weekly Accident Indemnity Benefit

- 70% of basic weekly salary to a maximum of \$250 per week, for up to 52 weeks for the primary insured only

#### Critical Illness Expense Benefit

- Benefit options: \$2,500, \$5,000 or \$10,000 for the primary insured and spouse. Covers life-threatening cancer, heart attack, stroke, paralysis, renal failure, coma, transplants and more.

*(Selected benefit option must be the same as Accident Medical Expense)*

#### Identity Network Child Safety Services

- Pre-registry of children using photos and descriptions

#### Identity Theft Benefit

- Up to \$2,500 in financial relief, including reimbursement for related costs, lost wages, legal fees and expenses

#### Discounts

- Up to 60% off of services such as dental, eyewear, contacts, hearing aids, acupuncture, massage therapy, meditation / relaxation, naturopathy, nutritional counseling and hotels and travel packages

*(Not all discounts are available in all states)*

Accident and critical illness benefits are underwritten by National Union Fire Insurance Company of Pittsburgh, a member of American International Group, Inc. (AIG).

## Office Visit Copay

With an office visit copay, you have the convenience of knowing what you'll spend when you visit a network doctor. Your copay is your only cost for four eligible network office visits per person each year, including immunizations and allergy shots.

## Accident Medical Expense *(Rider 4014)*

This benefit pays first in the event of an injury—before you pay any copay, access fee, deductible or coinsurance. You select the benefit amount: \$300, \$500 or \$1,000.

## Dental/Vision Discount Card

Adding this discount card gives you access to dental and eyewear providers from a nationwide network—and as much as 50% in savings whenever you use their services.

## Maternity Benefit

This benefit pays 100% of covered services after you meet your maternity deductible—for any pregnancy that begins after the 9-month benefit waiting period. Maternity deductible options are \$1,000, \$2,500, \$5,000 and \$10,000.

If you select a lower deductible, you'll get more in paid benefits—meaning you'll pay fewer bills out of your pocket. Or, choose a high deductible and still get access to significant network discounts. The high deductible option pays for itself with the savings on doctor and hospital bills.

# Plan Provisions

## State Variations

Plan design, benefits, optional features, provisions, definitions and exclusions may vary by state. See the quote summary or the proposal for available optional features. Refer to the State Variations sheet for state-specific benefits, provisions and exclusions.

## Network Services

A PPO network plan gives you the most value for your health care dollar. When you use network providers, covered charges are discounted and never exceed the maximum allowable amount. That means savings for you, and no worries about being billed for additional charges. Network services are subject to a determination of medical necessity and deductible and coinsurance, unless otherwise noted.

## Maximum Allowable Amount

Charges for covered services performed by non-network providers are subject to the maximum allowable amount. Non-network providers may bill more than this amount, and you are responsible for any balance due to the provider.

## Non-network Services

### Emergencies:

Covered services are always paid at the network benefit percentage—even if you are out of network—subject to a determination of medical necessity, the deductible and the maximum allowable amount.

### Non-emergencies:

Covered services are subject to a determination of medical necessity, the non-network deductible, a benefit percentage reduction, the increased non-network coinsurance maximum, and the maximum allowable amount provision.

**Individual non-network deductible** is the individual deductible plus \$1,000.

**Family non-network deductible** is two times the individual non-network deductible and is met collectively by two or more persons.

**Non-network benefit percentage** is the selected benefit percentage less 20 percentage points.

**Non-network coinsurance out-of-pocket maximum** is \$10,000/person - \$20,000/family.

## Utilization Review

Authorization is required before inpatient treatment and certain types of outpatient procedures. Unauthorized services will result in a penalty of 25% of the charge (up to \$1,000). Unauthorized transplants are not covered.

## Benefit Waiting Periods on Certain Treatment

Benefits for certain types of treatment are payable after the benefit waiting period listed here:

- Surgical treatment of tonsils/adenoids—3 months
- Surgical treatment of bunions, hemorrhoids, inguinal hernia (except strangulated or incarcerated), varicose veins—6 months
- Sterilization—12 months

Benefit waiting periods are waived when this plan is replacing other similar in-force coverage.

## Pre-existing Conditions

A pre-existing condition is an illness or injury and related complications for which, during the 12-month period immediately prior to the effective date of your health insurance coverage: 1) you sought, received or were recommended medical advice, consultation, diagnosis, care or treatment, 2) prescription drugs were prescribed, 3) symptoms were produced, or 4) diagnosis was possible. No benefits are paid for charges incurred due to a pre-existing condition until you have been continuously insured under the plan for 12 months. This 12-month limitation does not apply to health conditions that, at the time of underwriting, receive a rating load or are included in a condition-specific deductible, or to routine prescription drugs if their use is disclosed on the application. After the 12-month period, benefits are paid for a pre-existing condition, unless the condition is specifically excluded from coverage.

## SuiteSolutions (optional feature)

Accident Medical Expense benefits are reduced by benefits payable under any other insurance plan. Critical illness benefits are not available with child-only plans.

## Office Visit Copay (optional feature)

A copay is your only cost for four eligible network office visits per person each year, including immunizations and allergy shots. The following services, if otherwise covered, are subject to deductible and coinsurance, but are not eligible for benefits under the office visit copay: office visits with non-participating providers, surgical procedures, allergy testing, imaging or laboratory services and maternity-related visits.

## Dental/Vision Discount Card (optional feature)

The Dental/Vision Discount Card is a discount program. It does not provide insurance coverage.

## Maternity Benefit (optional benefit)

The maternity deductible does not apply to the plan deductible. Prescription drugs are covered under the plan prescription drug benefit. Facility fees do not apply.

## Exclusions Summary

No benefits are provided for the following, except where state mandates apply:

- Charges incurred due to a pre-existing condition, until you have been continuously insured for 12 months
- Illness or injury caused by war, commission of a felony, attempted suicide, influence of an illegal substance, or a hazardous activity for which compensation is received
- Routine hearing care, routine vision care, vision therapy, surgery to correct vision, routine foot care, or foot orthotics
- Cosmetic services including chemical peels, plastic surgery and medications
- Charges by a health care practitioner or medical provider who is an immediate family member. Immediate family members are you, your spouse, your children, brothers, sisters, parents, their spouses and anyone with whom legal guardianship has been established
- Custodial care
- Charges reimbursable by Medicare, Workers' Compensation or automobile carriers
- Growth hormone stimulation treatment to promote or delay growth
- Routine dental care
- Non-surgical treatment for TMJ or CMJ other than that described in the contract, or any related surgical treatment that is not preauthorized
- Any correction of malocclusion, protrusion, hypoplasia or hyperplasia of the jaws
- Charges for educational testing or training, vocational or work hardening programs, transitional living, or services provided through a school system
- Diagnosis and treatment of infertility
- Maternity and routine nursery charges unless you choose the maternity option
- Pregnancy, maternity and other expenses related to surrogate pregnancy
- Storage of umbilical cord stem cells or other blood components in the absence of sickness or injury
- Genetic testing, counseling and services
- Charges for sex transformation, treatment of sexual dysfunction or inadequacy, or to restore or enhance sexual performance or desire
- Over-the-counter products
- Contraceptive drugs or devices
- Drugs not approved by the FDA
- Drugs obtained outside the United States
- The difference in cost between a generic and brand name drug when the generic is available
- Treatment of "quality of life" or "lifestyle" concerns, including, but not limited to: smoking cessation; obesity; hair loss; sexual function, dysfunction, inadequacy or desire; or cognitive enhancement
- Treatment used to improve memory or to slow the normal process of aging
- Behavior modification
- Chelation therapy
- Prophylactic treatment
- Cranial orthotic devices, except following cranial surgery
- Telemedicine (including but not limited to treatment rendered through the use of interactive audio, video or other electronic media)
- Experimental or investigational services
- Charges in excess of the lifetime maximum or any other benefit maximum
- Charges for naturopathic medicine or non-medical items
- Charges related to health care practitioner-assisted suicide



**ASSURANT**  
Health

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### *About Assurant Health*

Assurant Health has been in business since 1892 and is the brand name for products underwritten and issued by Time Insurance Company, John Alden Life Insurance Company and Union Security Insurance Company. Together, these three underwriting companies provide health insurance coverage for more than one million people nationwide. Each underwriting company is financially responsible for its own insurance products. Primary products include individual medical, small group, short-term and student health insurance products, consumer-choice products such as Health Savings Accounts and Health Reimbursement Arrangements, as well as non-insurance products. With almost 3,000 employees, Assurant Health is headquartered in Milwaukee, Wisconsin, and has operations offices in Minnesota, Idaho and Florida, as well as sales offices across the country. The Assurant Health Web site is [www.assuranthealth.com](http://www.assuranthealth.com).

Assurant Health is one of five key business segments of Assurant, Inc., along with Assurant Employee Benefits, Assurant Preneed, Assurant Solutions and Assurant Specialty Property. Assurant, Inc. is traded on the New York Stock Exchange under the symbol AIZ. The Assurant Web site is [www.assurant.com](http://www.assurant.com).